

Hey Sharks!

We are looking forward to a successful fall season on the field! If you are new to the league, **WELCOME** to the Sharks family! If you are a returning Shark, **WELCOME** Back!! And if you know of anyone interested in joining our league, please invite them out to join us!! The fall season brings with it a lot of information, so please read this email all the way through and let us know if you have any questions.

FALL SEASON OFFICIALLY BEGINS IN TWO DAYS!!!

MANDATORY CONDITIONING for ALL Flag Football, Tackle Football and Cheerleaders:

Tuesday 07/02 6p – 8p

Wednesday 07/03 6p – 8p

Friday 07/05 6p – 8p

All athletes should arrive dressed in workout clothes and cleats/tennis shoes, hair pulled back (if applicable), and no jewelry. No athlete should arrive chewing gum. All athletes should also arrive **HYDRATED**; start now as what you drink today determines your hydration for tomorrow.

TEAM CONDITIONING for TACKLE FOOTBALL:

Monday 07/08 6p – 8p

TEAM PRACTICE for COMPETITION CHEER will begin Tuesday & Thursday 07/09 6p-8p

FLAG FOOTBALL TEAM PRACTICES will be Monday, Tuesday, Wednesday beginning 07/08 6p-7:30p. Games will begin August 14th.

FLAG CHEERLEADING TEAM PRACTICES will be Tuesday and Thursday beginning 07/09 6p-7:30p.

PRACTICES:

Once conditioning is completed, practice schedules are determined by the head coach for each team. Practices can be up to 8 hours per week, anytime Monday – Friday, starting at 6pm. Each coach will advise what their practice schedule will be. We do ask that a parent stays onsite during practices, or makes sure your child knows who is responsible for them in case of injury or a change in weather (please see our weather policy below).

DOCUMENTS REQUIRED:

We will need to see an original birth certificate, which we will copy in the office, as well as a recent wallet size photo. Please bring these during the first week of practice as they are needed for all player cards (tackle football/comp cheer). Once games begin, athletes cannot be verified and/or participate in any game until these documents are received.

****If you are applying for a scholarship please turn in paperwork & requirements ASAP. Please see Tonia upstairs in the field office to receive an application.**

EQUIPMENT HANDOUT (TACKLE) will be Saturday, July 6, from 800a – 1100a (detailed schedule to be announced)

** Registration fees must be paid in full and/or in accordance with the payment plan, AND a parent/legal guardian must be present to sign the paperwork in order for their athlete to get fitted and/or receive equipment.*

IF you are not able to attend the equipment handout/cheer fitting on Saturday, your athlete can be fitted at 6pm the following week: starting Monday (07/08) for tackle football and cheer dates will be announced. Athletes should be fitted PRIOR to attending practice.

WEATHER:

When inclement weather is expected, we will make a decision about practices by 5:00pm. We will notify the coaches, team parents and/or post on our Facebook page when practices have been canceled. If the fields are closed, no practices are permitted. If the fields are open, practices are determined by the individual team's head coaches.

If there is lightning within 6 miles of the SSYFCA field during practice and/or games, an announcement will be made for all athletes, parents and/or spectators to clear the fields and go to their cars or one of the buildings until the all clear is given. The SSYFCA does not assume responsibility for any athlete, parent and/or spectator once the announcement to leave the field has been made. The all clear for practice to resume will be given 20 - 30 minutes after the closest lightning strike, depending on the direction of the storm. If the storm does not appear to be passing and/or the coach cancels the remainder of practice, you will be notified.

Volunteer Hours (for all athletes):

As stated on the Code of Conduct signed during the registration process, all families are asked to complete 4 volunteer hours per child, football and/or cheer. This is most helpful during game days either before your child's game working in concession or the merchandise tent; during your child's game announcing or holding chains (best seats in the house); or after for field clean up. IF you are not available on Saturdays, please see Tammy in concession to see how you can still complete your hours.

We are league run only by volunteers and cannot do it without the help of all of you. If you would like to get even more involved, we are always looking for more hands and fresh ideas, so please come see one of our board members to find out how.

JULY UPCOMING / IMPORTANT DATES

July 4: Sebastian's Independence Day parade

Please JOIN US at 8am. The Parade will begin at the Seb Community Ctr/Seb Masonic Lodge at 1805 Jackson St proceeding East on Davis St & South on Indian River Dr to Riverview Park. We will post on FB the morning of our float location. Children under age 8 should be accompanied by someone 14+ years. Don't forget to wear your Shark gear, and bring a bottle of water!

July 27: Back to School @ Laporte Farms

We will be collecting school supplies all month long for those in need to deliver to Laporte Farms for this event. If you know of a family that is need of help with school supplies, please let Wayne or Judah know.

Our calendar will have all of our practices, events and other fun activities, and can be found on our website at www.sebastiansharks.com. We also post practice cancellations and other important information on our facebook page www.facebook.com/ssyfca so please find us, like and share our page.

GO SHARKS!!